

Flavour	Pineapple and Coconut
Ingredients	Dates, Pineapple, Almonds, coconut, Apricots, Puffed Rice, Raisins, Pineapple Juice
Nutritional (100g/45g)	
Energy (Kcal)	380/171
Energy (Kj)	1599/720
Protein (g)	9.2/4.1
Carbohydrate (g)	64.8/29.2
Fat (g)	11.6/5.2
Bar Weight	45g

All products are also;

- 1) Suitable for Vegans
- 2) Free From Soya, Maize, Barley, Rye, Eggs & Milk
- 3) Free From Gluten, Additives, Preservatives, Artificial Colour & Genetically Modified Ingredients